

## Australian Henley Regatta 2023 - Time-Trial Information – morning session

### **Bow numbers**

The time trial requires use of numeric bow numbers.

For the morning session Time Trials, Time Trial specific bow numbers will be available from the Bow Number tent located in front of Banks RC from between 5.30 and 6.30 Friday evening and from 6.30 am Saturday morning.

As the bow number is critical to the effectiveness of the time trial **crews presenting at the start without a bow number risk have no time recorded and may therefore be accorded last position** in their respective division.

### **Boat Movement to the start**

Crews boating from the city staging are to travel on North Station up to their respective starts. See map.

Turning for the 1600m start is around a large yellow buoy opposite the Caroline Street jetty which is downstream of the Cremorne Railway Bridge. For safety reasons, crews proceeding to the start are prohibited from going upstream past the Cremorne Railway bridge. Only crews returning to Clubs and Schools located upstream of the Cremorne railway bridge are allowed to proceed past that point. **Follow the marshal's instructions.**

All crews boating from the City are requested to leave the staging in bow number (numerical) order. Crews boating from upstream of the starts will also need to sort themselves into numerical order as they approach their respective starts, leaving room for the crews coming from downstream to turn into position.

Crews must be in the marshalling area 5 minutes before their start time. Once in order, crews will need to wait until instructed to move downstream and start racing.

Note: The access lane from the city to the start will mostly be single file, so crews should avoid stopping unless necessary for safety reasons. Use the northern arches of all the bridges. Crews which are stopped for any reason must keep close to the bank.

**Please follow any instructions given by officials who will be assisting crews to sort themselves into numerical order, and be ready to move immediately, once the instruction is given.**

### **The Start**

Crews will be directed into the Start in bow number order. Once in start order, crews will progress slowly towards the start while remaining in order. It may be necessary to stop and wait a few times. Crews will be called by bow number and instructed to GO!

Crews will be started in approximately 20 to 30 second intervals, **it is a running start and timing will start when the crew crosses the start line.**

### **The Course**

Time-trials will run using the **centre** lane, from the 1600m start down to the judge's box. The river will be closed to all but competing crews and rescue boats.

Should passing be necessary, for safety and good sportsmanship, we require crews which are being overtaken to yield the centre of the river to the faster crew by moving into the south lane. Note: For the purposes of this event, a crew is "being overtaken" if a faster crew has its bow ball within a length of the stern of the slower crew. If this occurs, the crew being overtaken must "yield".

### **The Finish**

Once over the finish line at the judge's box, crews must keep rowing and allow following crews plenty of room, then return immediately into the boatsheds, without going through Prince's Bridge.

**A 20 second penalty applies to a crew which fails to yield, and thereby hinders another competitor.**

### **Progression to your next Race**

Crews will be seeded into the subsequent rounds of their event based upon the Time Trial results. In general crews ranked 1 to 4 progress to the Semi Finals and crews ranked from 5 onwards progress to a Repechage. See Progression.

Time Trial results will be available on Rowing Manager and at the Banks RC 30 minutes after last time trial crew crosses the finish line.

**Crews will need to return their numeric Time Trial bow number in order to receive the bow number for their next race.**

